## **Daily Home Health Check for Students**

Daily home assessment must be performed on student before going to school. If any of the following are present, **PLEASE** keep student home.

# 1. Symptoms:

HeadacheCoughSore throatCongestionShortness of breathChillsMuscle achesFatigue

Loss of taste or smell Gastrointestinal (nausea, vomiting, or diarrhea)

# 2. Temperature:

An oral temperature over 100.4 would indicate the need to stay home. Student must be clear of fever for 24 hours, without use of fever-reducing medication.

## 3. Close contact to someone with confirmed COVID-19:

Students who have been within 6 feet of the person for more than 15 minutes should stay home for 14 days after exposure, and socially distance from others. Monitor health symptoms as listed above. Avoid contact with those at high risk for infection.

#### 4. Recent test for COVID-19:

If student has been tested for COVID-19 they should stay home until test results are completed and there are no signs of symptoms listed above. If a student had COVID-19 symptoms they should stay home for at least 10 days and monitor for symptoms for 14 days.